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NET

Illinois Nutrition Education & Training Program



**Promoting child achievement
through improved nutritional status
and health!**

Training & Technical Assistance
(800) 466-7998

Nutrition Education Website
www.kidseatwell.org

Nutrition Education Loan Library
(800) 455-5843

The Illinois Nutrition Education & Training (NET) Program promotes child achievement through improved nutritional status and health. Illinois NET is a not-for-profit organization funded by the Illinois State Board of Education. The NET program provides nutrition education training, technical assistance and resources to Illinois school and child care staff.

Training & Technical Assistance

Call: (800) 466-7998 or (815) 895-9227

245 West Exchange Street, Suite 4

Fax: 815-895-2971

Sycamore, IL 60178

drees@mail.isbe.accessus.net

Training

The NET program provides free local-level training for child care and school staff. NET workshops provide teachers, as well as child care and food service staff, with successful nutrition education strategies and resources. NET workshops also provide CPDU credits for certificate renewal. Workshops are scheduled on a first-come, first-serve basis. For a description of the workshops, visit the NET website or check the appropriate line on the return card provided.



- Cooking Up the Pyramid (Teachers Grades PreK-3)
- Healthy Start (Child Care Staff)
- Dietary Guidelines 2000: ABCs for a Healthier Future (Administrators/Teachers Grades PreK-K)
- Multicultural Make & Taste (Teachers Grades PreK-3)
- Well Read, Well Fed (Teachers Grades PreK-3)
- Cooking Up Math Skills (Teachers Grades 3-6)
- Nutrition Education Made Easy (Teachers Grades PreK-12)
- Pyramid Plus (Teachers Grades 7-12)
- A Game Plan for Sports Nutrition (Teachers Grades 7-12)
- Byte into Nutrition Education (Teachers Grades 5-12)
- Healthy Cuisine for Kids (Food Service)
- You Make the Difference (Food Service)
- Cafeteria Connection (Food Service)

Technical Assistance

NET staff is available, on request, to help child care and school staff develop nutrition education activities or locate needed resources. For assistance, please call our office or check the appropriate line on the return card provided.

Nutrition Education Loan Library

Call: (800) 455-5843 or (618) 998-1283

1006C North Carbon Street

Fax: (618) 998-9226

Marion, IL 62959

dfreeman@roe21.k12.il.us

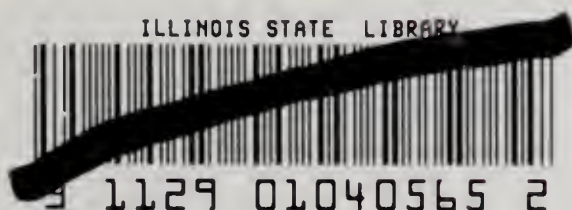
Choose from hundreds of nutrition education resources in our loan library including videos, curriculum guides, food service materials, storybooks, games, puppets and software. Child care and school staff may borrow items for the cost of return postage. Items may be ordered by fax, phone or online.

The most up-to-date version of the loan catalog is available online at www.kidseatwell.org. If you do not have access to the Internet, a print copy of the catalog may be requested by phone or through the return card provided.

www.kidseatwell.org

Let our website be your link to nutrition education on the Internet. You'll find lesson plans, classroom activities and resources, parent newsletters, food service resources, nutrition games for kids and many useful links on our site. Check out these new additions:

- Dietary Guidelines page for early childhood staff and parents
- An interactive Food Guide Pyramid Challenge for Teens
- New links for food service staff, teachers, parents and children





Illinois NET Center
245 West Exchange Street, Suite 4
Sycamore, IL 60178-1495

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without proper postage

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☐ Please have a member of the NET staff call me to assist me in planning a nutrition education activity or locating needed resources.

☐ I do not have access to the online Nutrition Education Loan Catalog at www.kidseatwell.org. Please send me a copy of the loan catalog.

☐ I would like more detailed information on your workshops for school or child care staff.



Illinois
NET
Nutrition Education
and Training Program

Name _____ Site _____

Site Address _____ City _____ Zip _____

Site Phone (_____) _____ Grade Level _____ County _____

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